

— British Oysters —

Three: 10.95 479 Kcal / Six: 18.95 958 Kcal / Twelve: 34.95 1437 Kcal

Natural with Shallot Vinegar
MO, SD, D, E, MU

Natural with Salsa Verde
MO, SD, D, E, MU

Tempura
Wasabi mayonnaise, crispy onions G, MO, SD, D, E, MU

— Grazing —

House Focaccia 6.75
Whipped flavoured butters
V, VE ON REQUEST G, D, SD 682 Kcal

Crispy Cauliflower 5.95
Aged chilli aioli V, VE ON REQUEST
G, E, SE, D, S, MU, SD 557 Kcal

Norfolk Dapple Fritters & Bacon Jam 6.95
V ON REQUEST G, E, D, SE 421 Kcal

— Starters —

Soup of the Day 6.75
ASK FOR ALLERGENS & CALORIES

Oak Smoked Chalk Stream Trout 9.95
Fennel purée, whiskey gel, dill
F, D, SD 444 Kcal

Asparagus, Olive Oil Potatoes, Carrot Juice & Poached Hen's Egg 9.95
V E, D, SD 569 Kcal

Pan Seared Scallop 13.95
Samphire, hollandaise, keta caviar
MO, F, E, D 516 Kcal

Norfolk Dapple Twice Baked Cheese Soufflé 9.95
Buttered leeks V G, S, E, D, SD 477 Kcal

Ham Terrine 8.95
Pickled baby vegetables, watercress, black pepper mayonnaise
G, SD, MU, SE 624 Kcal

— Sides —

Fat Chips 3.95
V G, SD 390 Kcal

Skin-on Fries 3.95
V G 503 Kcal

Asparagus & Pea Green Salad 3.95
V, VE ON REQUEST SD, MU 211 Kcal

House Salad 3.95
V MU, SD 335 Kcal

Onion Rings 3.95
V G, SD 338 Kcal

Seasonal Vegetables 3.95
V, VE ON REQUEST D 155 Kcal

Hospitality Action Invisible Chips 2
0% Fat, 100% Hospitality

All proceeds from Invisible Chips go to Hospitality Action, who are doing everything they can to help people in Hospitality worst effected by the Covid crisis. Thanks for chipping in! For more information visit hospitalityaction.co.uk

— Mains —

Chicken Supreme 17.95
Garlic fondant potato, watercress purée, sprouting broccoli, smoked bacon sauce
GF D, SD 934 Kcal

Fish & Chips 17.95
Fat cut chips, mushy peas, lemon, tartare sauce G, SD, MU, E, F 1114 Kcal

Confit Pork Belly 17.95
Burnt apple purée, black pudding, mustard mash, spinach G, D, MU 1009 Kcal

Coffee Marinated Cannon of Lamb 27.95
Shoulder croquette, sweetcorn, rosemary jus, lamb crackling, micro herbs
D, CE, MU 747 Kcal

Chargrilled Swordfish Steak 24.95
Brown shrimp butter, salsa verde, spring greens C, D, SD, F, MO 501 Kcal

Vegan Feta, Chargrilled Courgette & Roasted Red Pepper Warm Salad 13.95
Salsa verde, sumac baked chickpeas
VE S, SD 582 Kcal

Pan Braised Halibut 28.95
Herb crushed baby potatoes, samphire, clams F, MO, C, E, D, CE, MU 702 Kcal

Fire Roasted Red Pepper Risotto 14.95
Parsley, goat's curd
V ON REQUEST E, D, SD 978 Kcal

Chef's Day Boat Fish of the Day POA
ASK FOR ALLERGENS & CALORIES

Fillet & Feather of Beef 29.95
Pan fried fillet steak, slow cooked feather blade, grilled asparagus, dauphinoise potato, portobello mushroom, rich jus D, SD, CE 996 Kcal

— Desserts —

Ben's Chocolate Orange 8.95
V, GF S, E, D 694 Kcal

Vegan Chocolate Tart 7.95
Chocolate soil, vanilla ice cream
VE S 545 Kcal

Classic Vanilla Crème Brûlée 5.95
Cinnamon shortbread
V, GF ON REQUEST G, E, D 691 Kcal

Sticky Toffee Pudding 5.95
Butterscotch sauce, vanilla ice cream
V G, E, D, S 996 Kcal

Apple Tart Tatin 6.95
Salted caramel, butter crumb, clotted cream V G, D 824 Kcal

Chef's Norfolk & British Cheese Board 10.95
Celery, apple, biscuits, Chef's chutney
G, N, S, D, E, CE, MU, SE, SD 812 Kcal



The Manor
Coastal Hotel & Inn

*"People who love to eat are
always the best people"*

Julia Childs

Our kitchen team love what they do. Our food is cooked freshly to order, so let us know if you are in a hurry. We take great pride in sourcing close to home but venturing further afield across the country to utilise produce which is season's best. Some of our dishes can be made with no added gluten, please ask a member of our team who will be able to advise you.

V: Vegetarian **VE:** Vegan **GF:** Gluten-Free. Adults need around 2000 Kcal a day. If you have a food allergy, intolerance or sensitivity, please speak to your server before ordering your meal. Please be aware our kitchens contain allergens of all kinds so we therefore cannot guarantee that any one dish can be free of all traces of any allergen.

C: Crustaceans / CE: Celery / D: Dairy / E: Eggs / F: Fish / P: Peanuts / G: Gluten / L: Lupin / N: Nuts
MO: Molluscs / MU: Mustard / S: Soya / SD: Sulphur dioxide / SE: Sesame seeds

We add a discretionary 10% service charge on all our food items. 100% of all gratuities go directly to our team members. Please let your server know if you wish to remove this element.



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