



# The Manor

## Coastal Hotel & Inn

### — British Oysters —

Three: 10.95 479 Kcal / Six: 18.95 958 Kcal / Twelve: 34.95 1437 Kcal

**Natural with Shallot Vinegar**  
MO, SD, D, E, MU

**Natural with Salsa Verde**  
MO, SD, D, E, MU

**Tempura**  
Wasabi mayonnaise,  
crispy onions G, MO, SD, D, E, MU

### — Brunch —

Served every day until 2pm

#### Smashed Avocado 8.95

Poached hen's eggs, toasted cherry tomatoes, chilli, sourdough toast **V** G, E, SE 421 Kcal  
Add: Bacon 2.95 SD 96 Kcal  
Staithe Smoked Salmon 3.95 SD 97 Kcal

#### Staithe Smokehouse Kippers & Poached Hen's Egg 9.95

Pea & potato croquette G, E, D, F, SD, S 718 Kcal

#### Shakshuka 8.95

Crumbled baked Vegan feta, spiced tomato & red pepper sauce, crispy chickpeas, toasted sourdough **VE, GF ON REQUEST** G, E, CE, SE 617 Kcal  
Add a brace of poached hen's eggs with our compliments E 120 Kcal

#### Flat Iron Steak & Potato Hash 13.95

Chargrilled steak, garlic & herb home fries, wilted baby spinach, poached hen's eggs, rosemary aioli **GF** E, MU, SD 791 Kcal

#### Eggs Benedict 9.95

Poached hen's eggs, maple bacon, chive hollandaise, toasted English muffin **GF ON REQUEST** G, S, E, D 505 Kcal

#### Eggs Royale 12.95

Poached hen's eggs, smoked salmon, chive hollandaise, toasted English muffin **GF ON REQUEST** G, F, S, E, D 481 Kcal

### — Small Plates —

#### Pickled Cockles & Mussels 4.95

MO, F, C 183 Kcal

#### Norfolk Dapple Fritters & Bacon Jam 6.95

**V ON REQUEST** G, E, D, SE 421 Kcal

#### Piri Piri Houmous 5.95

Toasted pitta **VE, GF ON REQUEST** SE, G, N, SD 594 Kcal

#### Pork & Bath Pig Chorizo Sausage Roll 6.95

G, E, D, SD 531 Kcal

#### Classic Scotch Egg 7.95

Bloody Mary ketchup  
G, E, D, CE, SD, MU 643 Kcal

#### Slow Braised Lamb Croquettes 6.95

Anchovy & caper mayonnaise  
G, F, E, D 512 Kcal

#### House Focaccia 6.75

Whipped flavoured butters  
**V, VE ON REQUEST** G, D, SD 682 Kcal

#### Salt & Pepper Squid 8.95

Rocket & chilli salad G, MO, C, SD 531 Kcal

#### Mrs Temple's Ploughman's 8.95

Well's Alpine, pickles, chutney, sourdough **V** G, N, D, SD 647 Kcal

#### Crispy Cauliflower 5.95

Aged chilli aioli **V, VE ON REQUEST**  
G, E, SE, D, S, MU, SD 557 Kcal

### — Lunchtime Staples —

#### Cromer Crab Linguine 15.95

Lemon, dill, chilli, crème fraîche, Parmesan  
G, D, F, C, MO SD, S, E 747 Kcal

#### Fish & Chips 17.95

Chef's secret recipe beer battered fish, fat cut chips, mushy peas, tartare sauce  
G, F, SD, S, E, MU, D 1187 Kcal

#### Chef's Pie of the Day 16.95

Creamed potatoes or fat cut chips, seasonal vegetables, gravy **ASK FOR ALLERGENS** 553 Kcal

#### Staithe Smokehouse Haddock & Leek Tart 13.95

Samphire & pea green salad  
G, F, SD, S, E, D 813 Kcal

#### Vegan Feta, Chargrilled Courgette & Roasted Red Pepper Warm Salad 13.95

Salsa verde, baked chickpeas  
**VE** S, SD 582 Kcal

#### Lamb's Liver & Bacon 15.95

Pea & potato croquette, red wine sauce  
G, E, S, SD, CE 683 Kcal

#### Steak Frites 17.95

Chargrilled 8oz flat iron, skin-on fries, peppercorn sauce G, F, SD, S, E 1387 Kcal

#### Chargrilled Swordfish Niçoise 23.95

Poached hen's egg, leaves, potato, olive, tomato, cucumber G, F, SD, S, E 561 Kcal

### — Sides —

#### Fat Chips 3.95

**V** G, SD 390 Kcal

#### Skin-on Fries 3.95

**V** G 503 Kcal

#### Asparagus & Pea Green Salad 3.95

**V, VE ON REQUEST** SD, MU 211 Kcal

#### House Salad 3.95

**V** MU, SD 335 Kcal

#### Onion Rings 3.95

**V** G, SD 338 Kcal

#### Seasonal Vegetables 3.95

**V, VE ON REQUEST** D 155 Kcal



#### Invisible Chips 2

0% Fat, 100% Hospitality

All proceeds from Invisible Chips go to Hospitality Action, who are doing everything they can to help people in Hospitality worst effected by the Covid crisis. Thanks for chipping in!  
For more information visit [hospitalityaction.co.uk](http://hospitalityaction.co.uk)

### — Land & Sea Buns —

#### Salt & Pepper Squid Bun 15.95

Skin-on fries G, S, E, D, SD, MO, C, F 921 Kcal

#### Piri Piri Chicken Thigh & Chorizo Bun 15.95

**V** G, S, E, D, SD 1151 Kcal

#### Crispy Soft Shell Crab, Poached Hen's Egg & Chive Hollandaise Bun 16.95

Pickled cucumber, butter lettuce, skin-on fries  
G, C, MO, F, E, MU, N, S, SE, SD 1002 Kcal

#### Fish & Chip Butty 13.95

Tartare sauce, lemon G, F, S, E, D, MU 811 Kcal

#### The Manor Burger 16.95

Brioche bun, burger sauce, pickled cucumber, Emmental cheese, smoked bacon, skin-on fries  
**GF ON REQUEST** G, S, E, D, MU, SD 1129 Kcal

#### Moving Mountains Burger 14.95

Pickled cucumber, pretzel bun, vegan mozzarella, skin-on fries  
**VE** G, MU, N, S, SE, SD 1049 Kcal





  
*The Manor*  
Coastal Hotel & Inn

*"People who love to eat are  
always the best people"*

Julia Childs

Our kitchen team love what they do. Our food is cooked freshly to order, so let us know if you are in a hurry. We take great pride in sourcing close to home but venturing further afield across the country to utilise produce which is season's best. Some of our dishes can be made with no added gluten, please ask a member of our team who will be able to advise you.

**V:** Vegetarian **VE:** Vegan **GF:** Gluten-Free. Adults need around 2000 Kcal a day. If you have a food allergy, intolerance or sensitivity, please speak to your server before ordering your meal. Please be aware our kitchens contain allergens of all kinds so we therefore cannot guarantee that any one dish can be free of all traces of any allergen.

C: Crustaceans / CE: Celery / D: Dairy / E: Eggs / F: Fish / P: Peanuts / G: Gluten / L: Lupin / N: Nuts  
MO: Molluscs / MU: Mustard / S: Soya / SD: Sulphur dioxide / SE: Sesame seeds

We add a discretionary 10% service charge on all our food items. 100% of all gratuities go directly to our team members. Please let your server know if you wish to remove this element.



[www.blakeneymanor.co.uk](http://www.blakeneymanor.co.uk)