



The Manor

Coastal Hotel & Inn

— British Oysters —

Three: 13.95 ^{479 Kcal} / Six: 24.95 ^{958 Kcal} / Twelve: 44.95 ^{1437 Kcal}

Natural
Shallot Vinegar
MO, SD, D, E, MU

Natural
Tabasco
MO

Classic Rockefeller
Grilled with butter, parsley &
breadcrumbs G, MO, D

— Grazing —

House Focaccia 7.25

Flavoured whipped butter
V, VE ON REQUEST G, D, CE 2170 Kcal

Piri Piri Houmous 6.95

Toasted pitta bread
V, VE ON REQUEST G, N, SE, SD 746 Kcal

Ham & Norfolk Cheese Croquetas 7.25

Gazpacho dressing G, E, D 499 Kcal

— Starters —

Chef's Soup of the Day 7.25

Sourdough **VE ON REQUEST**
ASK FOR ALLERGENS & CALORIES

Sea Bream Ceviche 12.95

Fresh peach, creamed avocado,
toasted flat bread F, G 316 Kcal

Cromer Crab Brûlée 12.95

Mustard tuile, parsley shortbread
G, CR, E, D, MU 775 Kcal

Smoked Mackerel Fishcakes 8.25

Red pepper aioli, samphire salad
F, E, D, MU 522 Kcal

Asparagus & Duck Egg 9.25

Truffle, Parmesan
V, VE ON REQUEST E, D 478 Kcal

Pressed Chicken & Chorizo Terrine 11.95

Sun dried tomato dressing,
toasted brioche G, E, D, SD 952 Kcal

Smoked Norfolk Duck Breast 12.95

Charred mandarin, chicory
SD, LU, MU 166 Kcal

— Sides —

Fat Cut Chips 4.45 **VE** SD 474 Kcal

Skinny Fries 4.45 **VE** 499 Kcal

Onion Rings 4.45 **VE** G, SD 392 Kcal

Seasonal Side Salad 4.45
VE SD, MU 86 Kcal

Seasonal Greens 4.45
V, VE ON REQUEST D 161 Kcal

Ratatouille 5.85 **VE** 89 Kcal

**Norfolk Asparagus,
Pea & Roquette 5.85**
Lemon butter V, VE ON REQUEST D 239 Kcal



Invisible Chips 2
0% Fat, 100% Hospitality



All proceeds from Invisible Chips go to Hospitality Action, who offer help and support to people in Hospitality in times of crisis. Thanks for chipping in! Scan this code for more information or visit hospitalityaction.org.uk

— Mains —

Chef's Fish of the Day POA

ASK FOR ALLERGENS & CALORIES

Pan Fried Chicken Supreme 22.95

Herb rösti, vine roasted tomatoes, broad beans,
roasted garlic aioli, pan jus G, E, D, SD, MU 944 Kcal

Lamb Rump 28.95

Baba ghanoush, chilli oil, pomegranate,
charred hispi cabbage S 451 Kcal

Pan Roasted Cod 28.95

Cauliflower purée, egg yolk confit, pancetta
F, E, D, CE, SD 426 Kcal

Warm Crispy Cauliflower Salad 14.95

Baby gem lettuce, sesame, soy & lime dressing
V G, S, SE 770 Kcal

6oz Fillet Steak 34.95

Beef & potato terrine, Norfolk asparagus,
red wine jus G, D, SD 886 Kcal

Slow Cooked Pork Belly 26.95

Puffed skin, squash purée, burnt apple,
champ mash, cider jus G, D, SD 1523 Kcal

Wild Mushroom Pearl Barley Risotto 17.95

Pickled walnuts, parsley truffle oil
VE G, P, N, CE 1062 Kcal

Whole Roasted Seabass 28.95

Herb mousse, truffle polenta, ratatouille
F, E, D, CE, SD 929 Kcal

Cromer Crab Alfredo 18.95

Parmesan, butter, garlic, parsley G, CR, D 1167 Kcal



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*"One cannot think well, love well,
sleep well, if one has not dined well"*

Virginia Woolf

Our kitchen team love what they do. Our food is cooked freshly to order, so let us know if you are in a hurry. We take great pride in sourcing close to home but venturing further afield across the country to utilise produce which is season's best. Some of our dishes can be made with no added gluten, please ask a member of our team who will be able to advise you.



V: Vegetarian **VE:** Vegan **GF:** Gluten-Free

**If you have a food allergy, intolerance or sensitivity,
please speak to your server before ordering your meal.**

Please be aware our kitchens contain allergens of all kinds so we therefore cannot guarantee that any one dish can be free of all traces of any allergen. Items cooked within our fryers and ovens cannot be separated from allergenic ingredients and cross contamination may occur.

C: Crustaceans / CE: Celery / D: Dairy / E: Eggs / F: Fish / P: Peanuts / G: Gluten / L: Lupin / N: Nuts
MO: Molluscs / MU: Mustard / S: Soya / SD: Sulphur dioxide / SE: Sesame seeds

We add a discretionary 10% service charge on all our food items. 100% of all gratuities go directly to our team members. Please let your server know if you wish to remove this element.



www.blakeneymanor.co.uk