



The Manor

Coastal Hotel & Inn

— British Oysters —

Three: 13.95 ^{479 Kcal} / Six: 24.95 ^{958 Kcal} / Twelve: 44.95 ^{1437 Kcal}

Natural
Shallot Vinegar
MO, SD, D, E, MU

Natural
Tabasco
MO

Classic Rockefeller
Grilled with butter, parsley &
breadcrumbs G, MO, D

— Brunch —

Served daily Monday to Saturday until 2pm

Eggs Benedict 9.95

Poached hen's eggs, smoked bacon,
hollandaise, toasted English muffin

GF ON REQUEST G, E, D 865 Kcal

Eggs Royale 13.75

Poached hen's eggs, smoked salmon,
hollandaise, toasted English muffin

GF ON REQUEST G, F, E, D, S 664 Kcal

Staithe Smokehouse Kippers & Poached Hen's Egg 13.95

Garlic & herb parmentier potatoes
F, E, SD 508 Kcal

Smashed Avocado 9.95

Poached hen's eggs, cherry tomatoes,
chilli, sourdough toast

V, VE ON REQUEST G, E, SE 531 Kcal

Three Egg Brunch Omelette 10.95

Smoked bacon, cheese, green salad

V ON REQUEST E, D, MU, SD 894 Kcal

Soft Boiled Duck Eggs 8.95

Truffle toast soldiers V G, E, D, S 497 Kcal

— Small Plates —

Chef's Soup of the Day 7.95

Sourdough VE ON REQUEST

ASK FOR ALLERGENS & CALORIES

House Focaccia 7.25

Flavoured whipped butter

V, VE ON REQUEST G, D, CE 2170 Kcal

Homemade Pork Scratching 6.75

Rock salt & smoked paprika,
Bramley apple & cider relish 438 Kcal

Piri Piri Houmous 6.95

Toasted pitta bread

V, VE ON REQUEST G, N, SE, SD 746 Kcal

Ham & Norfolk

Cheese Croquetas 7.45

Gazpacho dressing G, E, D 499 Kcal

Smoked Mackerel Fishcakes 8.75

Red pepper aioli, samphire salad F, E, D, MU 522 Kcal

Half Pint of Whole Prawns 11.25

Marie Rose sauce, rye bread

G, CR, F, E, SE, SD 253 Kcal

Sticky Glazed Chicken Wings 8.75

Honey, garlic, chilli G, S 151 Kcal

Salt & Pepper Squid 9.95

Chimichurri mayonnaise G, MO, S, E, MU, SD 292 Kcal

Mrs Temples Ploughman's 8.95

Wells Alpine, pickles, chutney, pickled walnuts,
sourdough V G, N, D, SD 662 Kcal

Crispy Cauliflower Bites 7.25

Soy, sesame & lime dip VE G, S, MU, SE, SD 403 Kcal

— Everyday Staples —

Fish & Chips 18.95

Chef's beer battered fish, fat cut chips,
mushy peas, tartare sauce

GF ON REQUEST F, G, E, MU, SD 652 Kcal

Chef's Pie of the Day 17.95

Creamed potatoes or fat cut chips,
seasonal vegetables, gravy

ASK FOR ALLERGENS & CALORIES

Cromer Crab Alfredo 18.95

Parmesan, butter, garlic, parsley G, CR, D 1167 Kcal

Chicken Caesar 18.25

Marinated anchovies, croutons,
crispy pancetta G, F, D 797 Kcal

Honey Mustard Gammon 16.95

Truffle fried duck egg, polenta chips,
cauliflower purée E, D, CE 803 Kcal

Chargrilled T-Bone Steak 34.95

Café de Paris butter, roasted plum tomato,
mushrooms, onion rings, fat cut chips

G, F, D, CE, MU, SD 778 Kcal

Steak Frites 21.95

Chargrilled 8oz flat iron steak, skinny fries,
peppercorn sauce D, SD 1199 Kcal

Warm Crispy Cauliflower Salad 14.95

Baby gem lettuce, sesame, soy & lime dressing

VE G, S, SE 770 Kcal

Wild Mushroom

Pearl Barley Risotto 17.95

Pickled walnuts, parsley truffle oil

VE G, P, N, CE 1062 Kcal

Smoked Mackerel, Horseradish & Apple Tart 14.95

Summer salad G, F, E, D, MU, SD 802 Kcal

— Sides —

Fat Cut Chips 4.45

VE SD 474 Kcal

Skinny Fries 4.45

VE 499 Kcal

Onion Rings 4.45

VE G, SD 392 Kcal

Seasonal Side Salad 4.45

VE SD, MU 86 Kcal

Seasonal Greens 4.45

V, VE ON REQUEST D 161 Kcal

Ratatouille 5.85

VE 89 Kcal

Norfolk Asparagus, Pea & Roquette 5.85

Lemon butter

V, VE ON REQUEST D 239 Kcal



Invisible Chips 2

0% Fat, 100% Hospitality



All proceeds from Invisible Chips go to Hospitality Action, who offer help and support to people in Hospitality in times of crisis. Thanks for chipping in! Scan this code for more information or visit hospitalityaction.org.uk

— Land & Sea Buns —

The Manor Burger 17.25

Monterey Jack, peppercorn sauce,
onion rings, skinny fries

GF ON REQUEST G, S, E, D, CE, MU, SD 1909 Kcal

Vegan Burger 16.95

Brioche bun, confit garlic mushroom,
onion rings, vegan mayonnaise, skinny fries

VE G, N, S, SE, SD 1020 Kcal

Fish Finger Butty 14.95

Tartare sauce, lemon G, F, S, E, D, MU, SD 658 Kcal

Cajun Marinated Chicken Thigh 15.95

Smashed avocado mango salsa, skinny fries
G, S, E, D, MU, SD 735 Kcal

Open Steak Sandwich 16.95

Chargrilled 4oz flat iron steak, sautéed
mushrooms & onions, horseradish dressed rocket,
skinny fries G, S, E, D, MU 749 Kcal

Salt & Pepper Squid Bun 15.95

Chimichurri mayo, skinny fries
G, S, E, D, SD, MO, C, MU 730 Kcal




The Manor
Coastal Hotel & Inn

*"One cannot think well, love well,
sleep well, if one has not dined well"*

Virginia Woolf

Our kitchen team love what they do. Our food is cooked freshly to order, so let us know if you are in a hurry. We take great pride in sourcing close to home but venturing further afield across the country to utilise produce which is season's best. Some of our dishes can be made with no added gluten, please ask a member of our team who will be able to advise you.



V: Vegetarian **VE:** Vegan **GF:** Gluten-Free

**If you have a food allergy, intolerance or sensitivity,
please speak to your server before ordering your meal.**

Please be aware our kitchens contain allergens of all kinds so we therefore cannot guarantee that any one dish can be free of all traces of any allergen. Items cooked within our fryers and ovens cannot be separated from allergenic ingredients and cross contamination may occur.

C: Crustaceans / CE: Celery / D: Dairy / E: Eggs / F: Fish / P: Peanuts / G: Gluten / L: Lupin / N: Nuts
MO: Molluscs / MU: Mustard / S: Soya / SD: Sulphur dioxide / SE: Sesame seeds

We add a discretionary 10% service charge on all our food items. 100% of all gratuities go directly to our team members. Please let your server know if you wish to remove this element.



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